

PEACH

Very soft and sweet white peach.

*Okayama
fruits*

GRAPE

Okayama grapes are beautiful
and valuable.

Published by
Okayama Prefecture

Okayama's White Peaches



PEACH

The peaches from Okayama Prefecture are carefully nurtured by individually bagging each small fruit, which protects them from direct sunlight. This process results in peaches with a translucent white color, smooth flesh, and a rich fragrance. While this requires a great deal of time and effort, it is an essential process to cultivate peaches of the highest quality that once tasted are unforgettable.



Okayama's White Peaches

Carefully cultivated in Okayama using protective bagging techniques, the white peach features translucent, beautiful white flesh. It offers an elegant sweetness and a melt-in-your-mouth tenderness.

Shipping Season of Okayama White Peaches

Variety Name	July			August		
	Early	Mid	Late	Early	Mid	Late
Hakuhou						
Shimizu Hakutou						
Okayama Yume Hakutou						
Hakurei						
Hakuou						

Because the harvest period for white peaches is short, multiple varieties are shipped in succession throughout the season. Enjoy tasting and comparing the different types of white peaches to find your favorite!

* Please note that the timing may vary depending on weather conditions.

How to Choose Delicious Peaches and Grapes



Peaches

- Look for ones with a symmetrical shape
- Choose ones that are plump and round



Grapes

- Choose bunches with firm, fresh-looking stems
- Look for plump, juicy grapes with a translucent appearance
- A light white powder (called bloom) on the surface is a sign of freshness

Okayama Grapes

GRAPE

Grapes from Okayama are carefully cultivated through multiple thinning processes from the bud stage to harvest, ensuring only the best grapes remain. This results in beautiful bunches, large grapes, and high sugar content. Grapes meticulously grown with great care are often treated as high quality products, perfect for gifts and special occasions.



Shine Muscat

June to December

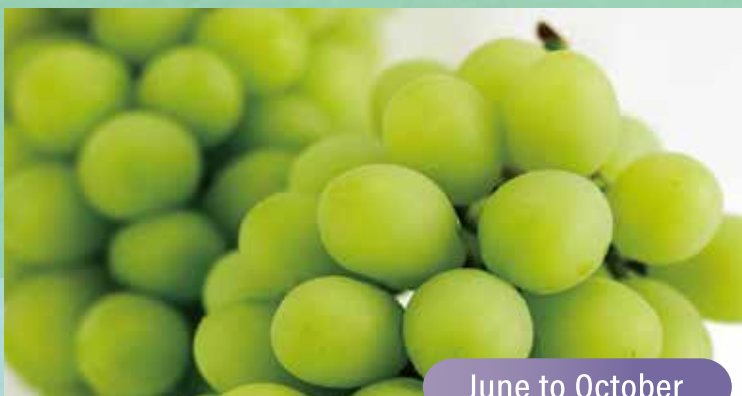
A large seedless grape that can be eaten with its skin. It has a crisp texture, a strong sweetness, and a mild acidity. The Shine Muscat "Hareoh™" from Okayama is highly regarded for its quality and is popular even overseas.



Pione

June to November

A large, seedless, and sweet grape grown in Okayama. It is characterized by its overflowing, rich juice and sweet aroma. Okayama was the pioneer in developing the techniques for producing large, seedless grapes.



June to October

Muscat of Alexandria

Known as the "Queen of Fruits," this grape features translucent, yellow green berries with a rich Muscat aroma and a refreshing sweetness. Okayama Prefecture produces the majority of Muscat of Alexandria grapes in Japan.



June to October

Aurora Black

An original variety from Okayama, this large, seedless grape features a mild acidity, rich flavor, and high sugar content.

How to Store White Peaches

Store at room temperature in a well-ventilated area, avoiding direct sunlight. Please note that refrigerating them for a long period may affect their flavor.



When to Eat

Check when your peaches are ready to eat! They are at their best when the following signs appear.

Appearance

After a few days at room temperature, the green tint gradually fades, and the peach turns a milky white.

Texture

The peach will feel slightly soft when gently held.

Aroma

The characteristic sweet aroma of peaches is rich and fragrant.

How to Enjoy White Peaches

▶ Watch how to peel properly on YouTube (QR code at the bottom)

Refrigerate the peaches 12 hours before eating, rinse them lightly with water, and peel the skin before enjoying. If you're eating them right away, place the peaches in a bowl of ice water and chill for 10-15 minutes.

How to Store and Enjoy Grapes

The white powder (bloom) on the surface of grapes helps preserve their freshness, so be sure to wash them just before eating. Try to consume them as soon as possible after purchase.



Refrigerator Storage

Cut the grapes leaving a small portion of the stem, and cover them with plastic wrap or something similar to prevent drying. Store them in the refrigerator.



Freezer Storage

After washing, place only the grapes in an airtight container or freezer bag, remove the air, and store in the freezer.



Here is a great method for peeling white peaches on **YouTube**.



For more detailed information, please visit the official website: **[Okayama Fruits Information Site]**.