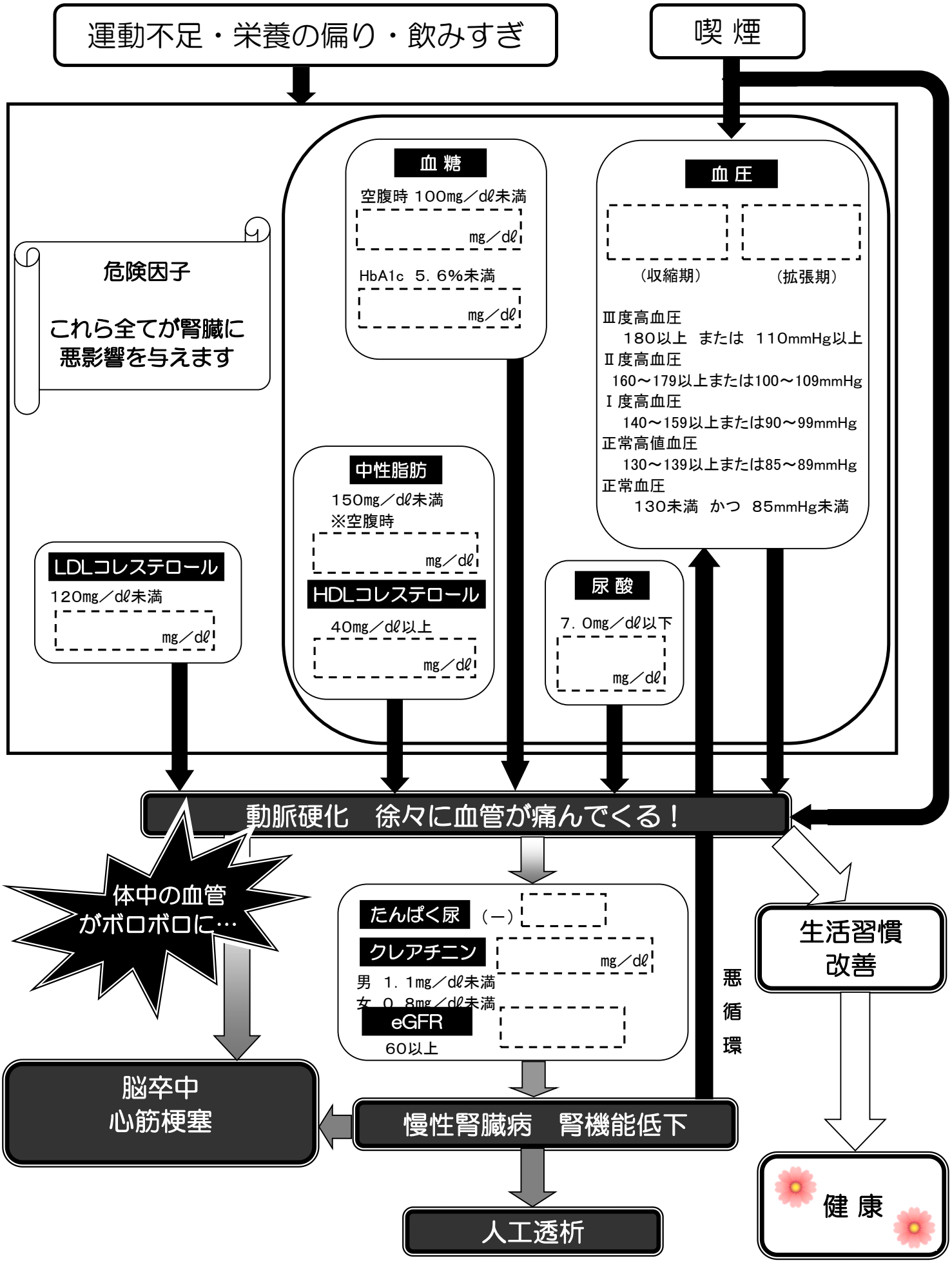未来のあなたは？【チャート式早見表】